In the modern world average life expectancy is increasing, what problems will this cause for society and individuals. Suggest some measures that could be taken to reduce the impact of aging populations.

Due to the fact that the high speed of technological progress leads to producing enormous amounts of medical instruments and drugs, most diseases which were definitely incurable have become easily curable. Theses remarkable achievements cause living longer ages between people.

Obviously elderly citizens are not as beneficial a society's member as young individuals. For instance, they might get some aging diseases such as Alzheimer, Backache and blindness in that not only could these senior citizens not be much effective in their living places, but also these disabled members of the public need some one who take care of them. In addition, **city's inhabitants** are following a completely hectic lifestyle and **they** do not have enough time to support their ill relatives. what is more, when the age average of people goes up, it poses some difficulties at offices and companies where employees should work long hours that is really hard for the to elderly people. Young citizens are hugely energetic and prefer to live in vibrant places. However, in a country where most of the inhabitants are adults they cannot can not take advantages from these atmospheres. This situation triggers them to go abroad or in other words, on the other word brain drain in that country.

To tackle these problems, there are some feasible solutions. Some researchers assume that it is better to teach people more suitable ways of living to make them healthier and reduce the chance of sickness; for instance, . For instance, providinge them with some balanced organic diets and notifying them regarding the the effects of doing exercise regularly. Another possible solution is motivating young generations to get married in earlier ages. To gain this goal(to this end) authorities should reduce the price of basic living needs and decrease the amount of tax that they are supposed to pay.

On the whole, the government should allocate a the certain amount of the budget to resolve these problems. That hiring some experts to work on preventing from happening these situations in the future is the best policy to choose.